

Congressional Outreach

Members of the U.S. House of Representatives for Harris County and the Gulf Coast are listed below. Please send your message to your member of Congress via the online email portal listed below. Note that you will need to enter the zip +4 of your home address in order to send your email.

If you are unsure of your representative, please visit <https://www.house.gov/>, and enter your zip code in the field under “Find Your Representative” located at the top right portion of the screen. Note that this is not an exhaustive list and your member of Congress may not be listed below.

Need to know:

Many of the contacts below do not accept emails in order to minimize security risks. Instead, they use contact forms (links below) that text can be copied and pasted into; you will need your zip code +4 before you can submit your information. Other alternatives include fax, standard mailing (receipt could take approximately 2 weeks) and social media.

Harris County / Texas Gulf Coast Delegation

Member	District	Contact Form & #	Office Address	Social Media
Rep. Ted Poe	TX-02	https://poe.house.gov/contact-form Phone: (202) 225-6565 Fax: (202) 225-5547	Washington, D.C. Office: 2132 Rayburn House Office Building Washington, D.C. 20515	FB: @JudgeTedPoe T: @JudgeTedPoe
Rep. John Culberson	TX-07	https://culberson.house.gov/contact/zipauth.htm Phone: (202) 225-2571 Fax: (202) 225-4381	Washington, D.C. Office: 2161 Rayburn House Office Building Washington, D.C. 20515	FB: @CongressmanCulberson T: @CongCulberson
Rep. Kevin Brady	TX-08	https://kevinbrady.house.gov/contact/ Phone: (202) 225-4901 Fax: (202) 225-5524	Washington, D.C. Office: 1011 Longworth House Office Building Washington, DC 20515	FB: @KevinBrady T: @RepKevinBrady
Rep. Al Green	TX-09	https://algreen.house.gov/contact-me/email-me Phone: (202) 225-7508 Fax: (202) 225-2947	Washington, D.C. Office: 2347 Rayburn House Office Building Washington, DC 20515	FB: @RepAlGreen T: @RepAlGreen
Rep. Michael McCaul	TX-10	https://mccaul.house.gov/contact/email-me Phone: (202) 225.2401 Fax: (202) 225.5955	Washington, D.C. Office: 2001 Rayburn House Office Building Washington, DC 20515	FB: @MichaelTMcCaul T: @RepMcCaul
Rep. Randy Weber	TX-14	https://weber.house.gov/contact/ Phone: (202) 225.2831 Fax: (202) 225.0271	Washington, D.C. Office: 1708 Longworth House Office Building Washington, DC 20515	FB: @TXRandy14 T: @TXRandy14
Rep. Sheila Jackson Lee	TX-18	https://jacksonlee.house.gov/contact/email-me Phone: (202) 225.3816 Fax: (202) 225.3317	Washington, D.C. Office: 2187 Rayburn House Office Building Washington, DC 20515	FB: @CongresswomanSheilaJacksonLee T: @JacksonLeeTX18
Rep. Bill Flores	TX-17	https://flores.house.gov/contact/ Phone: (202) 225.6105 Fax: (202) 225.0350	Washington, D.C. Office: 2187 Rayburn House Office Building Washington, DC 20515	FB: @ RepBillFlores T: @ RepBillFlores

Rep. Pete Olson	TX-22	https://olson.house.gov/contact-us Phone: (202) 225.5951 Fax: (202) 225.5241	Washington, D.C. Office: 2133 Rayburn House Office Building Washington, DC 20515	FB: @Rep.PeteOlson T: @RepPeteOlson
Vacant	TX-27	https://tx27forms.house.gov/contact/		N/A
Rep. Gene Green	TX-29	https://green.house.gov Phone: (202) 225.1688 Fax: (202) 225.9903	Washington, D.C. Office: 2470 Rayburn House Office Building Washington, DC 20515	FB: @RepGeneGreen T: @RepGeneGreen
Rep. Filemon Vela	TX-34	https://vela.house.gov/contact Phone: (202) 225.9901 Fax: (202) 225.9770	Washington, D.C. Office: 437 Cannon House Office Building Washington, DC 20515	FB: @UsCongressmanFilemonVela T: @repfilemonvela
Rep. Brian Babin	TX-36	http://babin.house.gov/contact/ Phone: (202) 225.1555 Fax: (202) 226.0396	Washington, D.C. Office: 316 Cannon House Office Building Washington, DC 20515	FB: @RepBrianBabin T: @RepBrianBabin
Sen. John Cornyn	TX	https://www.cornyn.senate.gov/contact Phone: (202)224.2934 Fax: (202) 228.2856	Washington, D.C. Office: 517 Hart Senate Office Bldg. Washington, DC 20510 Phone: 202-224-2934	FB: @SenJohnCornyn T: @JohnCornyn
Sen. Ted Cruz	TX	https://www.cruz.senate.gov/?p=form&id=16 Phone: (202) 224-5922 Fax: (202) 228.0755	Washington, D.C. Office: Russell Senate Office Bldg. 404 Washington, DC 20510	FB: @SenatorTedCruz T: @SenTedCruz

Louisiana Gulf Coast Delegation

Member	District	Contact Form & Fax #	Office Address	Social Media
Rep. Steve Scalise	LA-01	https://scaliseforms.house.gov/contact/ Phone: (202) 225.3015 Fax: (202) 226.0386	Washington, D.C. Office: 2338 Rayburn House Office Building Washington, D.C. 20515	FB: @RepSteveScalise T: @SteveScalise
Rep. Cedric Richmond	LA-02	https://richmond.house.gov/contact-cedric/email-me Phone: (202) 225.6636 Fax: (202) 225.1988	Washington, D.C. Office: 420 Cannon House Office Building Washington, DC 20515	FB: @RepRichmond T: @RepRichmond
Rep. Clay Higgins	LA-03	https://clayhiggins.house.gov/contact/email Phone: (202) 225.2031 Fax: (202) 225.5724	Washington, D.C. Office: 1711 Longworth House Office Building Washington, DC 20515	FB: @CongressmanClayHiggins T: @RepClayHiggins
Rep. Garret Graves	LA-06	https://garretgraves.house.gov/contact/email Phone: (202) 225.3901 Fax: (202) 225.7313	Washington, D.C. Office: 430 Cannon House Office Building Washington, DC 20515	FB: @CongressmanGarretGraves T: @RepGarretGraves
Sen. Bill Cassidy	LA	https://www.cassidy.senate.gov/contact Phone: (202) 224.5824 Fax: (202) 224.9735	Washington, D.C. Office: 520 Hart Senate Office Building Washington, D.C. 20510	FB: @SenBillCassidy T: @BillCassidy
Sen. John Kennedy	LA	https://www.kennedy.senate.gov/public/email-me Phone: (202) 224.4623 Fax: (202) 228.0447	Washington, D.C. Office: SR 383, Russell Senate Building Washington, DC 20510	FB: @SenatorJohnKennedy T: @SenJohnKennedy

Mississippi Gulf Coast Delegation

Member	District	Contact Form & Fax #	Office Address	Social Media
Rep. Bennie Thompson	MS-02	https://benniethompson.house.gov/contact/email Phone: (202) 225.5876 Fax: (202) 225.5898	Washington, D.C. Office: 2466 Rayburn House Office Building Washington, DC 20515	FB: @CongressmanBennieGThompson T: @BennieGThompson
Rep. Gregg Harper	MS -03	http://harper.house.gov/contact-gregg/email-gregg Phone: (202) 225.5031 Fax: (202) 225.5797	Washington, D.C. Office: 2227 Rayburn House Office Building Washington, DC 20515	FB: @GreggHarper T: @GreggHarper
Rep. Steven Palazzo	MS-04	https://palazzo.house.gov/contact/ Phone: (202) 225.5772 Fax: (202) 225.7074	Washington, D.C. Office: 2349 Rayburn House Office Building Washington, DC 20515	FB: @stevenpalazzo T: @congpalazzo
Sen. Roger Wicker	MS	https://www.wicker.senate.gov/public/index.cfm/contact Phone: (202) 224.6253 Fax: (202) 228.0378	Washington, D.C. Office: 555 Dirksen Senate Office Building Washington, DC 20510	FB: @SenatorWicker T: @SenatorWicker
Sen. Cindy Hyde-Smith	MS	https://www.hydesmith.senate.gov/content/contact-senator Phone: (202) 224.5054 Fax: (202) 228.4310	Washington, D.C. Office: G12 Dirksen Senate Office Building Washington, DC 20510	FB: @CindyHydeSmith2018 T: @SenHydeSmith

Alabama Gulf Coast Delegation

Member	District	Contact Form & Fax #	Office Address	Social Media
Rep. Bradley Byrne	AL-01	https://byrne.house.gov/contact/email-me Phone: (202) 225.4931 Fax: (202) 225.0562	Washington, D.C. Office: 119 Cannon House Office Building Washington, DC 20515	FB: @RepByrne T: @RepByrne
Rep. Martha Roby	AL-02	https://roby.house.gov/contact Phone: (202) 225.2901 Fax: (202) 225.8913	Washington, D.C. Office: 442 Cannon House Office Building Washington, DC 20515	FB: @Representative.Martha.Roby T: @RepMarthaRoby
Rep. Terri Sewell	AL-07	https://sewell.house.gov/email-me Phone: (202) 225.2665 Fax: (202) 226.9567	Washington, D.C. Office: 2201 Rayburn House Office Building Washington, DC 20515	FB: @RepSewell T: @RepTerriSewell
Sen. Richard Shelby	AL	http://www.shelby.senate.gov/public/index.cfm/maile.senatorshelby Phone: (202) 224.5744 Fax: (202) 224.3416	Washington, D.C. Office: 304 Russell Senate Office Building Washington, DC 20510	FB: @RichardShelby T: @SenShelby
Sen. Doug Jones	AL	http://www.jones.senate.gov/content/contact-senator Phone: (202) 224.4124 Fax: (202) 226.4169	Washington, D.C. Office: 326 Russell Senate Office Building Washington, DC 20510	FB: @senatordougjones T: @SenDougJones

Florida Gulf Coast Delegation

Member	District	Contact Form & Fax #	Office Address	Social Media
Rep. Matt Gaetz	FL-01	https://gaetz.house.gov/contact/email Phone: (202) 225.4136 Fax: (202) 225.3414	Washington, D.C. Office: 507 Cannon House Office Building Washington, DC 20515	FB: @CongressmanMattGaetz T: @RepMattGaetz
Rep. Neal Dunn	FL-02	https://dunn.house.gov/email Phone: (202) 225.5235 Fax: (202) 225.5615	Washington, D.C. Office: 423 Cannon House Office Building Washington, DC 20515	FB: @drnealdunnfl2 T: @drnealdunnfl2
Rep. John Rutherford	FL-04	https://rutherford.house.gov/contact/email Phone: (202) 225.2501 Fax: (202) 225.2504	Washington, D.C. Office: 230 Cannon House Office Building Washington, DC 20515	FB: @RepRutherfordFL T: @Reprutherfordfl
Rep. Ron DeSantis	FL-06	https://desantis.house.gov/contact Phone: (202) 225.2706 Fax: (202) 226.6299	Washington, D.C. Office: 1524 Longworth House Office Building Washington, DC 20515	FB: @RepDeSantis T: @RepDeSantis
Rep. Bill Posey	FL-08	https://posey.house.gov/forms/writeyourrep/ Phone: (202) 225.3671 Fax: (202) 225.3516	Washington, D.C. Office: 2150 Rayburn House Office Building Washington, DC 20515	FB: @bill.posey15 T: @congbillposey
Rep. Daniel Webster	FL-11	https://webster.house.gov/email-me Phone: (202) 225.1002 Fax: (202) 225.0999	Washington, D.C. Office: 1210 Longworth House Office Building Washington, DC 20515	FB: @RepWebster T: @RepWebster
Rep. Gus Bilirakis	FL-12	https://bilirakis.house.gov/contact/email Phone: (202) 225.5755 Fax: (202) 225.4085	Washington, D.C. Office: 2112 Rayburn HOB Washington, DC 20515	FB: @GusBilirakis T: @repgusbilirakis

Rep. Charlie Crist	FL-13	https://crist.house.gov/contact/ Phone: (202) 225.5961 Fax: (202) 225.9764	Washington, D.C. Office: 427 Cannon House Office Building Washington, DC 20515	FB: @RepCharlieCrist T: @repcharliecrist
Rep. Kathy Castor	FL-14	https://castor.house.gov/contact/contactform.htm Phone: (202) 225.3376 Fax: (202) 225.5652	Washington, D.C. Office: 2052 Rayburn House Office Building Washington, DC 20515	FB: @USRepKathyCastor T: @USRepKCastor
Rep. Vern Buchanan	FL-16	https://buchanan.house.gov/contact Phone: (202) 225.5015 Fax: (202) 226.0828	Washington, D.C. Office: 2104 Rayburn HOB Washington, DC 20515	FB: @CongressmanBuchanan T: @vernbuchanan
Rep. Tom Rooney	FL-17	https://rooney.house.gov/contact Phone: (202) 225.5792 Fax: (202) 225.3132	Washington, D.C. Office: 2160 Rayburn HOB Washington, DC 20515	FB: @reptomrooney T: @TomRooney
Rep. Francis Rooney	FL-19	https://francisrooney.house.gov/contact/ Phone: (202) 225.2536 Fax: (202) 226.3547	Washington, D.C. Office: 120 Cannon House Office Building Washington, DC 20515	FB: @RepRooney T: @RepRooney
Rep. Lois Frankel	FL-21	https://frankel.house.gov/contact/ Phone: (202) 225.9890 Fax: (202) 225.1224	Washington, D.C. Office: 1037 Longworth House Office Building Washington, DC 20515	FB: @RepLoisFrankel T: @RepLoisFrankel
Rep. Ted Deutch	FL-22	https://teddeutch.house.gov/forms/writeyourrep/default.aspx Phone: (202) 225.3001 Fax: (202) 225.5974	Washington, D.C. Office: 2447 Rayburn House Office Building Washington, DC 20515	FB: @CongressmanTedDeutch T: @repteddeutch

Rep. Debbie Wasserman Schultz	FL-23	https://wassermanschultz.house.gov/contact/default.aspx Phone: (202) 225.7931 Fax: (202) 226.2052	Washington, D.C. Office: 1114 Longworth House Office Building Washington, DC 20515	FB: @RepDWS T: @RepDWStweets
Rep. Frederica Wilson	FL-24	https://wilson.house.gov/contact/email-me Phone: (202) 225.4506 Fax: (202) 226.0777	Washington, D.C. Office: 2445 Rayburn House Office Building Washington, DC 20515	FB: @RepWilson T: @RepWilson
Rep. Mario Diaz-Balart	FL-25	https://mariodiazbalart.house.gov/contact-mario Phone: (202) 225.4211 Fax: (202) 225.8576	Washington, D.C. Office: 440 Cannon House Office Building Washington, DC 20515	FB: @mdiazbalart T: @MarioDB
Rep. Carlos Curbelo	FL-26	https://curbelo.house.gov/contact/ Phone: (202) 225.2778 Fax: (202) 226.0346	Washington, D.C. Office: 1404 Longworth House Office Building Washington, DC 20515	FB: @RepCurbelo T: @RepCurbelo
Rep. Ileana Ros-Lehtinen	FL-27	https://ros-lehtinen.house.gov/contact-me/email-me Phone: (202) 225.3931 Fax: (202) 225.5620	Washington, D.C. Office: 2206 Rayburn HOB Washington, DC 20515	FB: @iroslehtinen T: @RosLehtinen
Sen. Bill Nelson	FL	www.billnelson.senate.gov/contact-bill Phone: (202) 224.5274 Fax: (202) 228.2183	Washington, D.C. Office: 716 Senate Hart Office Building Washington, DC 20510	FB: @billnelson T: @senbillnelson
Sen. Marco Rubio	FL	www.rubio.senate.gov/public/index.cfm/contact Phone: (202) 224.3041 Fax: (202) 228.0285	Washington, D.C. Office: 284 Russell Senate Office Building Washington, DC 20510	FB: @SenatorMarcoRubio T: @SenRubioPress

